Dry dog food or wet dog food: Which is the better option?

Our dogs rely on us to make the best food choice on their behalf.
But which type of puppy food or dog food is the best choice: dry or wet?

Advantages

Dry Food

- Convenience and crunch.
- Kibble eaters tend to have better breath than those who eat only wet food.
- Chewing dry kibble helps to keep your pet's teeth healthy by reducing plaque and tartar buildup.
- Dry food offers the necessary chew and crunch that dogs have craved since their primal pack days - when chewing and crunching were a stress-reliever.
- Unlike canned or wet food, kibble does not require refrigeration after opening and can be left out.

Wet Food

- Meaty, moist, and tasty.
- Ideal for fussy eaters or pets with illnesses, wet food is made primarily of protein and fat, with few carbohydrates and is tastier as well as easily digested.
- The soft, smooth texture however doesn't give your pooch an opportunity to do the crunching that can help clean his teeth.
- With its high moisture content (75% to 80%), wet food helps keep your furry friend hydrated, benefiting the urinary tract.

Benefits of Mixed Feeding for Dogs

Feeding your dog a mixed diet of wet and dry foods provide a nutritionally complete and balanced meal.
When done regularly, dogs obtain the unique complementary benefits of such food.

Mixed feeding is encouraged on a daily basis given that both types of food can offer different benefits that can keep your dog happy and healthy.

Dry Food Benefits:

- Chewing the crunchy kibble helps support good oral health
- Dry food is a concentrated source of nutrition and energy
- Made from quality protein
- Complete & Balanced Nutrition with 38 essential nutrients
- Dry food can be less expensive than wet on a $/kg basis

Wet Food Benefits:

- High moisture content thus reducing the risk of urinary disease
- Contains less calories per gram than dry food
- Made from quality protein
- Complete & Balanced Nutrition with 38 essential nutrients
- Delivers a variety of tastes and textures